

NESS LAKE BIBLE CAMP

POLAR BEAR DIP 2018 DETAILS

The 2018 POLAR BEAR DIP will be held January 1, 2018. Events will begin at 2:30p.m. Participants: please check in at the Welcome Centre at 2:00 p.m. Spectators are welcome!

Rules and Regulations

- Participants must pay a \$20.00 entry fee (or raise a minimum of \$20.00 in pledges).
- NLBC staff will chainsaw a hole through the ice in Ness Lake to access the balmy depths below.
- No Pushing! All participants must enter the water of their own volition. Please do not enter the water until asked to do so.
- Participants will plunge their willing bodies into the water. The entire body must be submerged.
- No dry suits or wetsuits.
- No 'endurance' contests will be permitted. Participants must jump in and get out. Yelling is optional.
- Hot chocolate and cinnamon buns will be served free of charge to all participants and spectators following the event in the gym.
- Great prizes from local stores and restaurants for top fundraisers and best costume.

Ness Lake Bible Camp & One Hope Ministries of Canada

INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT – POLAR BEAR DIP

WARNING! By signing this document you will waive certain legal rights, including the right to sue.. Please read carefully.

This is a binding legal agreement; therefore clarify any questions or concerns **before** signing. As a Participant in camps, events, programs, and activities organized, operated or conducted by Ness Lake Bible Camp and One Hope Ministries of Canada (collectively the “Events”), the undersigned, being the Participant and the Parent/Guardian of the Participant (collectively the “Parties”) acknowledge and agree to the following terms:

Disclaimer

Ness Lake Bible Camp and One Hope Ministries of Canada and its directors, officers, committee members, members, employees, volunteers, participants, agents and representatives (collectively the “Organization”) are not responsible for any injury, personal injury, damage, property damage, expense, loss of income, or loss of any kind suffered by a Participant during, or as a result of, participating with the Organization and/or in any Events, caused by the risks, dangers and hazards associated with the Organization and/or the Events.

Description of Risks

The Participant is participating voluntarily with the Organization and/or in the Events. In consideration of the Participant’s participation in with the Organization and/or in the Events, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers, and hazards.

The risks, dangers, and hazards also include, but are not limited to, injuries from:

- a) Failing to comply with the rules established for participation
- b) Bad weather conditions including hypothermia, sunstroke, or dehydration
- c) Vigorous physical exertion, rapid movements, and quick turns and stop
- d) Failing to remain within designated areas and supervised activities

Furthermore, the Parties are aware:

- a) That the Participant’s risk of injury is reduced if he or she follows all rules established for participation; and
- b) That the Participant’s risk of injury increases as he or she becomes fatigued.

Release of Liability

In consideration of the Organization allowing the Participant to participate, the Parties agree:

- a) To freely accept and fully assume all such risks, dangers and hazards and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from participating with the Organization and/or in the Events; and
- b) To forever release the Organization from any and all liability for any and all claims, demands, actions and costs that might arise out of the Participant’s participation with the Organization and/or in the Events, or from the physical risks associated with same.

Acknowledgement

The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, executors, administrators and representatives.

Although all precautions are taken to ensure the safety of all participants, participation in this event is at your own risk. NLBC does not recommend the Polar Bear Dip for anyone with heart or medical problems and children under the age of 12. NLBC will not be responsible for any loss or damages.

Printed Name of Participant

Signature of Participant

Date

Printed Name of Parent/Guardian

Signature of Parent/Guardian

Date